Testimony in SUPPORT of HB 6617: An Act to Promote Equity in Coverage for Fertility Healthcare

Dear Members of the Human Services Committee of the Connecticut General Assembly,

My name is Dr. Ellie Proussaloglou and I am a trained Obstetrician/Gynecologist as well as a Breast Surgical Oncologist, currently completing my fellowship training here in CT at Yale University School of Medicine. I am writing today to express my *strong support* for CT Bill No. 6617, An Act Promoting Equity in Coverage for Fertility Health Care. This testimony represents my opinion and not that of Yale New Haven Hospital.

As a breast cancer surgeon, I often see the struggles that our young patients face when balancing choices between cancer care and fertility. We know that many elements of breast cancer care are gonadotoxic-chemotherapy can lead to ovarian insufficiency and hormonal blocking medications such as tamoxifen put patients into medically-induced menopause and are unsafe to take while attempting pregnancy. Furthermore, while new data from Dr. Ann Partridge's POSITIVE study shows that a pause in endocrine-blocking therapy is safe from a breast cancer recurrence standpoint, a minimum of three years is currently recommended between cancer therapy and attempting pregnancy. Fertility issues go beyond patients with breast cancer and impact those undergoing chemotherapy or pelvic radiation for a host of other serious illnesses.

We know that the best approach for patients dealing with serious illness, including cancer, is up-front fertility preservation before undergoing medically necessary treatment. However, without Medicaid coverage of these services, many patients go without fertility preservation services or opt to delay care in favor of preserving their fertility. I am grateful that patients in the state of CT with private insurance are able to affordably freeze their eggs prior to cancer therapy but the *inequities in care* based on type of insurance coverage is a major injustice for the citizens of Connecticut. Just last month, I cared for a young woman in her early 20s, who has repeatedly delayed initiation of chemotherapy due to fear of infertility. She is unable to pay the exorbitant out-of-pocket cost for fertility preservation on her own and, with Medicaid coverage, she feels paralyzed by fear. As a result, she is delaying the *life-saving breast cancer care* that she needs.

With my dual training as an OBGyn and a Breast Surgical Oncologist, this intersection of cancer care and fertility coverage is a particular passion of mine. Patients should not have to choose between treating their cancer and having a family. We can do better for the women of CT, protecting their fertility, families, and health alike.

Thank you for your consideration and for prioritizing the health and safety of our patients.

Ellie Proussaloglou, MD

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